



LESSON - 7
Kunjarani
A Pride of Manipur

NOTES:

Summary:

Nameirakpam Kunjarani Devi is a world figure in weightlifting. She had a humble upbringing. Her indomitable spirit guided her through all the barriers and became one among the greatest weightlifters of all time ranked by the World Weightlifting Federation. She is a glaring example of the fact that poverty is no bar to fame. Winning many titles consistently over the years, she has shown the world how brave and hard working Manipuri women are. She is indeed the pride of Manipur.

Learning Motives:

1. To make the children aware of the great potential of Manipur in the field of sports and encourage them.
2. Her indomitable spirit would inspire children to overcome any kind of barrier to achieve their goals.

Glossary:

indomitable	-	untiringly persistent
hailed from	-	came from

