



**CLASS IX**  
**ENGLISH COURSE BOOK**  
**UNIT I - THE LAND**  
**LESSON C - SEVEN SISTER STATES**

**NOTES**

- Seven Sister States are **Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland and Tripura.**
- Total area covered 2,55,511 sq. km.
- Population of about 44.98 million (in 2011).
- **The exotic Flora and Fauna, the rich biodiversity, natural beauty, and serenity** of the NE-India are extremely valuable and irreplaceable resources for the **development of Eco-Tourism.**
- **Arunachal Pradesh** is called the “*Land of the Rising sun*” or “*Land of the dawn-lit mountains*” in reference to **its position as the easternmost state in India.**
- The Seven Sister States are characterized by **rich biodiversity.**
- **North-East Council (NEC)** necessary because they **look after the unified and collective developmental programmes of the Seven States region.**
- **There are two National Highways** that connect Arunachal Pradesh by road with the rest of India.
- Seven Sister States is important because it **shares International borders with Bangladesh, China and Myanmar.**
- **A Mizo youth learns the social responsibility from the training ground** called **Zwalbuk.**
- The Seven Sister States need to **thrive and work together.**

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