

## CLASS IX ENGLISH COURSE BOOK UNIT III - GAMES AND SPORTS LESSON - B THE OLYMPICS AND THE SPIRIT BEHIND IT

## **NOTES**

- People have taken part in games and sports since time immemorial.
- Youths participated in the ancient Olympics which were dedicated to the Olympian Gods and Goddesses.
- Ancient Olympic Games were held at Olympia and only the Greeks could take part in the Games.
- The Games declined in AD 342 and revived in 1896 at Athens.

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