



মণিগোবিন্দোৎ আৰু নগ্নশ্ৰীমৎ (আংল)

DEPARTMENT OF EDUCATION (S)

Government of Manipur

UNIT I

MEANING, IMPORTANCE AND SCOPE OF HOME SCIENCE, CONSTITUENT AREAS OF HOME SCIENCE

NOTES

Meaning

- Art of managing our resources efficiently
- The science of achieving a healthy and happy home as well as a successful career

Aim

- To get maximum satisfaction for our family members through scientific use of resources.

Importance

- Learn to manage the resources
- Right direction to solve problems
- Use of skills to improve economic condition

Scope Misconception

- Household chores, home making and meant only for girls.

Goals

- ❖ Caring for the home and family
- ❖ Career

Vast Scope

- food, house, clothes, bringing up children for proper use of resources

Constituent areas

1. Food and Nutrition
2. Resource Management
3. Textile and Clothing
4. Human Development
5. Extension Education.



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